

## Getting outside with children at local parks

By ANITA EVANS  
SPECIAL TO THE MONTROSE DAILY PRESS

Color Sunday has come and gone, and less dependable weather makes it harder to get outside with children. Luckily many local parks are easy to access and provide the means to experience nature safely close to home. This can be a family fun challenge: create a parks checklist and have a goal and reward for getting to them all!

**Mesa County:**  
The City of Grand Junction Parks and Recreation Department has a wonderful resource listing all 36 parks alphabetically in the Grand Junction area (<https://www.gjc-city.org/residents/parks-recreation/parks/>). Under ‘Parks’ click on each park name and it will give you specifics about the size of the park and amenities available. For example, Autumn Ridge Park is a smaller park of 1.5 acres with picnic tables and grills; Canyon View Park is 110 acres with sports fields, playground, shelters, trails, restrooms and more.

Fruita has a similar website (<https://www.fruita.org/parksrec/parksites/>) that describes each of its 12 parks including a bike park with beginning and intermediate skill-building bike pump tracks. The section on this website under parks and trails lists popular hiking and bike trails, giving you the opportunity to take in gorgeous scenery and local wildlife.

On the east side of the Grand Valley, several five-star parks are available in Palisade. Enjoy walking or riding bicycles under the trees along the paved path at Riverbend Park, having a picnic near the play equipment at Veteran’s Memorial Park, or



A dad and daughter explore wildflowers on a nature walk. (Submitted Photo)

romping in the green space at the Palisade Community Center park. Addresses can be found by googling Parks and Recs near Palisade, CO.

**Montrose County:**  
The City of Montrose website ([www.city-ofmontrose.org/266/Parks-Trails-Sports-Facilities](http://www.city-ofmontrose.org/266/Parks-Trails-Sports-Facilities)) lists 29 fabulous parks, open spaces, concrete and single-track trails, and a water sports park. By clicking on the ‘interactive map’ and ‘view larger map’ you can see each park with amenities, including the 4.25 acre Montrose dog park located in Cerise Regional Park where you can let Fido play in a safe fenced-in area.

Six parks in and near the town of Olathe are listed on their website (<http://www.townofolathe.org/town-of-olathe-parks>.

html). A variety of facilities are available from Olathe Community Park at the south end of town to the Onion Park on Olathe’s north side. The Olathe Town park on 5th street has a spectacular new playground purchased through a Colorado Health Foundation grant.

**Delta County:**  
The City of Delta has 11 parks on their interactive map (<https://cityofdeltanet.org/parksites/>). Clicking on the name of the park, either on the map or on the list provided, takes you to a detailed description of each fabulous park, including year of establishment and amenities present.

The North Fork area includes a listing of 18 parks near the towns of Crawford, Hotchkiss, and Paonia ([www.northforkrecreation.com/parks.html](http://www.northforkrecreation.com/parks.html)).

These descriptions include the Black Canyon National Park and Crawford State Park, as well as the Delta County Fairgrounds adjacent to the Doctor Maloney Nature Park and its new disc golf course. Crossroads Park next to the North Fork Pool on Bulldog Street, has two new bike skill-building pump tracks, as well as single-track trails maintained by the North Fork chapter of the Colorado Mountain Bike Association (COPMOBA).

The Surface Creek area, including Orchard City (Cory, Austin, and Eckert) and Cedaredge, have some beautiful parks and recreation facilities. Information can be found on the internet about these facilities: Orchard City Town Park (<https://www.orchardcityco.org/36/Orchard-City-Town-Park>), Cedaredge Town Park (350-398 SW 2nd Ave, Cedaredge, CO 81413), and the Surface Creek Trail in Cedaredge ([www.hikingproject.com/trail/7058563/surface-creek-trail](http://www.hikingproject.com/trail/7058563/surface-creek-trail)).

These are just a few of the great variety of outdoor resources available close to home. Remember to obey local park rules and be respectful of others’ nature experiences. Get outside with your kids and enjoy all these amazing parks have to offer!

*For more outdoor safety tips, trail game ideas, and hiking trails, visit the Friends of Youth and Nature website: ([www.friendsofyouthandnature.org](http://www.friendsofyouthandnature.org)).* FOYAN is a non-profit that promotes opportunities for youth and families to go outside, experiencing outdoor activities and exploring nature.

Anita Evans is the CPW Delta OUT Facilitator and a Master Environmental Educator, Certified.

## The weird and wonderful world of voodoo lilies



### Gardening A to Z

By Linda Corwine McIntosh

Are you afraid to grow a voodoo lily? At this time of spooky, creepy, things that go bump in the night it just seems fitting to talk about voodoo lilies.

I had never even heard of a voodoo lily until a friend at a local greenhouse gave me a tuber to try. So of course I had to research this odd little tuber that I held in my hand and find out more about it. Wow! Was I in for a surprise!

I discovered the lily is also referred to as devil’s tongue, corpse flower, or the carrion plant. So far this isn’t sounding like something most of us want in our gardens. And it gets worse from here, but don’t wrinkle your nose at it quite yet. It really is a different yet amazing plant.

First, you should know that there are about 170 species of voodoo lilies amorphophallus. They’re actually considered a tropical plant. Some, such as Amorphophallus titanum can become enormous reaching a height of about 6 to 8 feet tall, but it sounds like very few people ever get this monster to bloom. The titanum is said to be the largest flower in the world and looks like nothing you’ve ever seen before. Some voodoo plants only grow a few inches tall so it would be a good idea to know what you’re getting before you buy one.

What really makes this plant bizarre is the odor that it produces when the bloom first appears. As you probably guessed, the

nickname corpse flower or carrion plant rightly describes this plant because of the offensive odor that it produces. The good news is, the odor only lasts a day or less. Needless to say, they recommend planting it away from the entrance to a building. Because of the unusual odor of death, this strange plant attracts flies. I’m not sure I like that! It’s a good thing that the “fragrance” doesn’t last long! Unlike most sweet-smelling flowers that are pollinated by butterflies and bees, the voodoo plants are pollinated by flies or some other type of carrion feeding insects so that’s the reason for the foul odor. They say you can grow these plants as houseplants, but unless you’re a member of the Addams Family I can’t imagine having it indoors when it first blooms. I’ve read that some varieties don’t have the offensive odor but I’m still not sure about growing them in the house.

So the question begs to be asked. Why would anyone in their right mind plant such a putrid smelling plant? Maybe it’s just me, but I’m willing to put up with a little odor and the inconvenience of a few flies to experience the show-stopping unique bloom of this unusual plant. Or maybe I’m not in my right mind and that’s why the tuber was given to me? Anyway, the name amorphophallus comes from the Latin word amorpho meaning deformed, referring to the flower, but the flowers don’t look the same on all of the varieties.

All of the voodoo lilies have unique deer resistant foliage, but like the flower, not all of them look alike. I like the photos of Amorphophallus henry ‘O’ Henry’. It has dense, pretty foliage with pointed leaflets and pink edges. I’m thinking I may also need to try a devil’s tongue Dracunculus vulgaris just because of the wicked name. I’m so anxious to see what my plant is going to look like!



A voodoo lily, as seen here, is probably one of the strangest plants that you’ll ever see growing in a garden. (Special to the Montrose Daily Press/ Linda Corwine McIntosh)

After flowering, the tuber will need to rest for at least a month. So remove the bloom when it fades but allow the foliage to remain on the plant until it withers. (This sounds a lot like the same care we give our daffodils and tulips.) After a good nap, it will produce extraordinary palmate leaves and a highly patterned “petiole” or what would be considered a trunk. Most of these trunks are colorful with pink and dark spots. I read that some voodoo lilies may occasionally take an entire year before producing, so don’t give up on it.

These plants are native to subtropical areas of eastern Asia, including Vietnam, Japan, and China south to Indonesia, so most are not very winter hardy and the bulb should be dug in the fall after the foliage has died. Keep the tuber stored in peat moss in a cool

dry location. It’s recommended that you wait until spring to separate any small new tubers from the parent and replanted them in the spring after the danger of frost has passed. Plant the tuber so that its top is at least 4 - 6 inches below the soil surface and wait for the show. A few select plants must remain potted, so check this out when you purchase them. Because Amorphophallus are native to warm tropical regions, they should ideally be planted in good soil and protected from strong winds. They say the plant doesn’t require a lot of supplemental watering and never needs fertilizing.

Here’s an interesting fact. The starchy tubers are edible and this plant is grown for food in some parts of the world. It’s processed into a tasteless flour or stiff jelly (which can be used as a vegan

substitute for gelatin). The Japanese use konjac flour to make shirataki noodles, and the starch is used to make a popular Asian fruit jelly snack.

So if you’ve decided that a plant that attracts flies and repels people is the perfect plant for you, you can find the tubers online anywhere from about \$7to almost \$100. The larger the tubers, the larger the flowers, and the longer they will keep their foliage into the season. Just think of the stories your friends, neighbors, and grandkids will have to tell about your gardening skills. Have an odororific Halloween!

Linda Corwine McIntosh is a Certified Arborist, Advanced Master Gardener, and Commercial Pesticide Applicator.

## Things you don’t want to be without



### Tips from the Posse

By Mark Rackay

One of the problems I have always had with my pack is the overall weight. I start loading up every survival and first aid item I think I may need, add to it food, extra clothes, and something to drink and I have a 200-pound pack. What

I need after lugging it around all day is a truss, but that’s a story for another day.

As I have padded around the woods, I have discovered several items that are really handy, and sometimes necessary, to have along. Some of these things are for comfort more than survival, but I have found I don’t want to be without them.

**Paracord**  
The first item is good old-fashioned 550 Paracord. Parachute cord, or 550 cord as it is sometimes called because of its 550-pound breaking strength, was originally used for parachutes during WW II. Soldiers found hundreds of uses for

it in the field like bootlaces, which by the way, is an excellent way to carry some cord instead of in your pack.

I have used 550 cord for so many things it is almost impossible to list. I have secured items to the outside of my pack, hauled out game, hung food stash in a tree to avoid bears, lashed branches together when building a shelter, and even used it to hold a tarp in place for a hasty shelter during a downpour one night.

You can make a tourniquet in a pinch with a length of cord and a stick. While I would much prefer a SWAT-T or a CAT tourniquet, the cord will work in a pinch.

A 50-foot coil of the cord weighs very little and can easily be stuffed in your pack. The cord is flammable, and could be used as a fire starter in a pinch. Be certain to burn the ends of the cord to melt it, so that it does not unravel.

There are now bracelets and key chains or straps made of Paracord braided together. Some of these contain over 20 feet of cord and can be a lifesaver in an emergency. I wear a cord bracelet most of the time and hardly know it is there.

**Duct Tape**  
It’s not just for rednecks anymore. Duct tape has more uses outdoors than any other single item. Duct tape has been around for 75 years

and I doubt the folks who invented it had any idea how useful the product would become.

Duct tape can be used in many first aid emergencies. I have used it to wrap up a bleeding finger and dam the flow of the red stuff. You can trim it into butterfly bandage strips to close a larger wound or use it for a pressure bandage or tourniquet.

Even cheap duct tape has a lot of strength, and by twisting the tape you add more strength. You can make a rope with it and get around 25 pounds of breaking strength. Use small pieces of tape to blaze a trail, repair just about anything



I found a few things you might want to add to your survival pack. These items are lightweight and take up very little space. (Special to the Montrose Daily Press/Mark Rackay)

## SURVIVAL PACK

FROM PAGE A8

from tents and bags to shoes. The uses are endless for this waterproof, stick anywhere miracle.

Save an old plastic credit card and wrap 10 yards off a roll onto it. This card with the tape fits much easier in a pack or pocket than a full roll. I keep a separate amount of tape in my first aid kit for medical uses, and a card full in my pack for repairs.

### Super Glue

I started carrying super glue several years ago. You can mend all kinds of broken objects with it. I carry the Krazy Glue brand, which is the closest match to the Dermabond formula used in medical circles. Krazy glue can be used to seal up small cuts on your appendages very neatly. Just put a drop, or a row of drops at the surface of the wound to keep it closed. Be certain you don't glue the "clamping" fingers to the wound as this stuff bonds skin instantly. Once I got a well glued up finger stuck to my cheek so I know this stuff works.

I usually buy the small plastic bottle of Krazy glue with the screw top lid. It seems the "tube" type dries out very quickly once it has been opened. Usually I don't discover that it is dried up until I need it, a thousand miles northwest of nowhere.

### Dental Floss

This little gem now gets carried in my first aid kit. If you are like me, jerky is a regular snack outdoors. When a hunk of the jerky gets wedged in your teeth it may not be life threatening, but certainly annoying. All progress must stop until the problem is eliminated. A piece of floss cures the problem much better than a tooth pick improvised from a tree branch or the point of a knife blade.

Besides the dental uses for floss, there are a few others. Suturing material is one use in a pinch, as is a fishing line because it is a high strength cord. Keep it in the original pack if you can because of the built in cutter.

### Moleskin

Moleskin is a tough, super sticky, waterproof tape used especially for blisters. A small piece placed over a blister on your foot can save the day. I never carried the stuff until recently. I was on a trip where I wore high top snake boots and walked many miles a day in them.

The top of those boots wore a quarter-sized hole in my shin. I tried a piece of duct tape

over it but that failed miserably when I tried to remove the tape at night. The hole got increasingly bigger. After that, I chose to ignore the wound until the 4th day when it became infected and I had to go through a round of antibiotics. A simple piece of moleskin would have prevented the whole circus. I did get a new scar to add to the collection when it finally healed up a couple months later.

### Felt Tipped Pen

I always carry around something to write with. Usually it is a pencil because a ballpoint pen never seems to work when I need it. The ballpoint is picky about what surface it wants to write on while a pencil is not. Problem with a pencil is keeping it sharpened and there are surfaces pencils don't want to write on either. Enter the felt tipped pen because it will write on just about anything. Keep the pen in your pack and not in your pocket. I broke one once and created some very interesting black stains on my clothes and skin.

### EMT Shears

I carry a set of these in my first aid kit. EMT shears are very strong scissors with a blunt rounded tip so they won't cut a patient when used in a medical emergency. If you have to cut clothing off a patient who is injured in order to reach the wound, these are the ticket. Use a knife and you run the risk of cutting or impaling the patient, especially when the wound is in a sensitive area.

EMT shears are strong enough to cut through seat belts, leather belts, and even a penny. The shears can be used for dozens of non-medical tasks and weigh next to nothing. I carry mine everywhere.

All of these items of convenience weigh next to nothing and take up very little space. I try and limit what I carry around for weight and space concerns but these multi-use items go with me everywhere.

A person has to be careful about how much "stuff" they want to lug around in their packs and pockets. The last thing any of us needs is a truss so keep that pack light.

*Mark Rackay is a columnist for the Montrose Daily Press and avid hunter who travels across North and South America in search of adventure and serves as a Director for the Montrose County Sheriff's Posse. For information about the Posse call 970-252-4033 (leave a message) or email info@mcspi.org*

*For outdoors or survival related questions or comments, feel free to contact him directly at his email elkhunter77@bresnan.net*

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**PET OF THE WEEK**  
*Sponge*

Our longest resident, Sponge is a 5 year old female, with Tabby markings. She is looking forward to being loved forever. You can visit Sponge at the **Montrose Animal Shelter**, 3383 N. Townsend Ave.

The fee for a cat is \$30. Kittens younger than 1 year are \$50. Dogs are \$60, and puppies are \$75.

The shelter is open from **Monday-Friday, 9am-5pm** **Saturday & Sunday, 9am-3pm** All animals adopted from the Montrose Animal Shelter are spayed or neutered before going to their new homes and receive some vaccinations. For more information about Sponge and other available pets, call 240-1487 or visit [www.montrose.animalshelter.net](http://www.montrose.animalshelter.net)

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Friday evening				CH=Charter SP=Spring Creek DN=Dish Network DTV=DirectV												
CH	SP	DN	DTV	10/25/19	6 p.m.	6:30	7 p.m.	7:30	8 p.m.	8:30	9 p.m.	9:30	10 p.m.	10:30	11 p.m.	11:30
3	10			CBS	KREX News at Six (N) (cc)	The Big Bang Theory (cc)	Hawaii Five-0 (N) (cc)	Max returns to Oahu with a guest. (N) (cc)	Magnum P.I. "Make It 'til Dawn" Magnum and Jin search for a skip tracer. (N) (cc)		Blue Bloods "The Price You Pay" Frank works to vindicate a detective. (N) (cc)		KREX News at Ten (N) (cc)	(:35) The Late Show With Stephen Colbert (N) (cc)		Late Late Show/James Corden (N) (cc)
6	6			PBS	PBS NewsHour (N) (cc)		Washington Week (N) (cc)	Firing Line With Margaret Hoover (N) (cc)	Articulate With Jim Cotter (cc)	Arts District (N) (cc)	American Masters Artist Mark Rothko's five-decade career. (N) (cc)		Songwriting With Soldiers Veterans relay stories through song. (N) (cc)		Amanpour and Company (N) (cc)	
7	12	4		FOX	2019 World Series Houston Astros at Washington Nationals. (N) (Live) (cc)						Fox 4 News at 9 (N) (cc)	Fox 31 News at Nine O'Clock (N) (cc)	The Big Bang Theory (cc)	Modern Family "Grill, Interrupted" (cc)	Modern Family (cc)	Modern Family (cc)
9	11	11		NBC	KKCO 11 News at 6:00 (N) (cc)	Wheel of Fortune "Bed & Breakfast" (cc)	The Blacklist "Kuwait" Cooper's moral compass is tested. (N) (cc)		Dateline NBC "The Box" A son searches case files for answers. (N) (cc)				The TEN on KKCO 11 News (cc)	(:34) The Tonight Show Starring Jimmy Fallon (N) (cc)	(:37) Late Night With Seth Meyers (N) (cc)	
10	8	8		ABC	Inside Edition (N) (cc)	Entertainment Tonight (N) (cc)	American Housewife "The Maze" (cc)	Fresh Off the Boat "Hal-Lou-Ween" (cc)	20/20 "The Wicked" Payton Leutner recovers from an attack. (N) (cc)				The TEN on KJCT News 8 (cc)	(:35) Jimmy Kimmel Live! John Krasinski; Paul Shaffer. (N) (cc)	(:37) Nightline (N) (cc)	
13				CW	Family Guy "The Finer Strings" (cc)	Family Guy (cc)	Charmed "Careful What You Witch For" Maggie competes with Jordan. (cc)		Dynasty "Wild Ghost Chase" Dominique continues her devious plans. (N) (cc)		Seinfeld "The Opposite" (cc)	Seinfeld "The Secret Code" (cc)	black-ish (cc)	black-ish Junior tries to help Bow. (cc)	The Goldbergs (cc)	The Goldbergs "Weird Al" (cc)
	2	235		CW	(:5:58) The Big Bang Theory (cc)	(:28) The Big Bang Theory (cc)	Channel 2 News at 7:00pm (N) (cc)		Charmed "Careful What You Witch For" Maggie competes with Jordan. (cc)		Dynasty "Wild Ghost Chase" Dominique continues her devious plans. (N) (cc)		Two and a Half Men (cc)	Two and a Half Men (cc)	Channel 2 News at 11pm (N) (cc)	(:35) Modern Family (cc)
basic cable channels																
60	13	182	278	DSC	Gold Rush: Pay Dirt (N) (cc)		Gold Rush "The Nugget Hunter" Rick and his father hunt for nuggets. (N) (cc)				(:02) Finding Escobar's Millions (N) (cc)		Gold Rush "The Nugget Hunter" Rick and his father hunt for nuggets. (cc)			
17	16	139	247	TBS	The Big Bang Theory (cc)	** Pirates of the Caribbean: Dead Men Tell No Tales (2017, Adventure) Johnny Depp, Geoffrey Rush, Javier Bardem. Deadly ghost sailors pursue Capt. Jack Sparrow. (cc) (DVS)					ELEAGUE Live to Rocket League Finals, Episode 4. (N) (Live) (cc)		*** Titanic (1997, Historical Drama) Leonardo DiCaprio, Kate Winslet, Billy Zane. A woman falls for an artist aboard the ill-fated ship. (cc)			
31	30	108	252	LIFE	Sweet Mountain Christmas (2019, Romance) Megan Hilty, Marcus Rosner. Premiere. A musician gets stranded in Tennessee during a snowstorm. (cc)				(:03) Christmas in Mississippi (2017, Romance) Jana Kramer, Wes Brown, Faith Ford. Holly finds love when she returns to her hometown. (cc)				(:01) Sweet Mountain Christmas (2019, Romance) Megan Hilty, Marcus Rosner. A musician gets stranded in Tennessee during a snowstorm. (cc)			
33	14	241	241	PARMT	(4:00) ** The Expendables 3 (2014) Bellator MMA Live Heavyweight legends meet again as Frank Mir defends his previous win over Roy Nelson. (N) (cc)								(:15) Cops (cc)	(:45) Cops (cc)	(:15) Cops (cc)	(:45) Cops (cc)
24	34	131	254	AMC	* Leprechaun 2 (1994, Horror) Warwick Davis, Charlie Heath, Shevonne Durkin. Evil Irish fairy seeks bride in California. (cc)				* Leprechaun 3 (1995, Horror) Warwick Davis, John Gattins, Lee Armstrong. An evil Irish fairy travels to Las Vegas to seek his pot of gold. (cc)				* Leprechaun 4 in Space (1996, Horror) Warwick Davis, Rebekah Carlton, Debbie Dunning. Power-hungry leprechaun holds alien princess hostage. (cc)			
25	24	105	242	USA	Modern Family "Grab It" (cc)	Modern Family "The Alliance" (cc)	Modern Family (cc) (DVS)	Modern Family "Finding Fizzo" (cc)	Modern Family (cc) (DVS)	Modern Family (cc) (DVS)	Modern Family "Ten Years Later" (cc) (DVS)	Modern Family (cc) (DVS)	Modern Family "I Love a Parade" (cc)	Modern Family "Kiss and Tell" (cc)	Chrisley Knows Best (cc)	Chrisley Knows Best (cc)
26	36	136	248	FXP	(:5:00) *** Trolls (2016, Children's) Voices of Anna Kendrick. (cc)	** Minions (2015, Children's) Voices of Sandra Bullock, Jon Hamm. Animated. Master-less Minions look for someone new to serve. (cc)					** Hotel Transylvania 2 (2015) Voices of Adam Sandler, Andy Samberg. Animated. Dracula tries to bring out his grandson's inner vampire. (cc)			*** Goosebumps (2015, Fantasy) Jack Black, Dylan Minnette. (cc)		
27	29	170	299	NICK	Henry Danger	SpongeBob	SpongeBob	SpongeBob	Friends (cc)	Friends (cc)	Friends (cc)	Friends (cc)	Friends (cc)	Friends (cc)	Friends (cc)	Friends (cc)
28	53	176	296	TOON	We Bare Bears	We Bare Bears	American Dad	American Dad	Bob's Burgers	Bob's Burgers	Family Guy (cc)	Family Guy (cc)	Black Jesus (N) (cc)	Eric Andre Show (cc)	Mike Tyson	Bob's Burgers
29	3	180	311	FREE	(:5:40) ** The Haunted Mansion (2003) Eddie Murphy. A man and his family encounter ghosts in an old house. (cc)		(:45) ** Hocus Pocus (1993, Children's) Bette Midler, Sarah Jessica Parker, Kathy Najimy. Youths conjure up three child-hungry witches on Halloween. (cc)						(9:55) *** Monsters, Inc. (2001) Voices of John Goodman, Billy Crystal. Animated. A blue behemoth and his one-eyed pal scare children. (cc)			
32	33	118	265	A&E	(:06) Live PD: Rewind "Live PD: Rewind No. 268" (N) (cc)		Live PD "Live PD -- 10.25.19" (N) (Live) (cc)						Live PD "Live PD -- 10.25.19" (cc)			
34	26	140	206	ESPN	NBA Basketball Dallas Mavericks at New Orleans Pelicans. (N) (Live)						(:35) NBA Basketball Utah Jazz at Los Angeles Lakers. (N) (Live)				(:05) SportsCenter (N) (Live) (cc)	
35	27	144	209	ESPN2	College Football Countdown (N) (Live)		College Football USC at Colorado. (N) (Live)							SportsCenter (N) (Live) (cc)	Around the Horn Interruption (cc)	
36	64	200	202	CNN	Anderson Cooper 360 (N) (cc)		CNN Special Report (N) (cc)		CNN Tonight With Don Lemon (N) (cc)		CNN Tonight With Don Lemon (N) (cc)		Anderson Cooper 360 (cc)	CNN Tonight With Don Lemon (cc)		
37	44	172	291	DISP	Jessie (cc)	Bunk'd (cc)	Raven's Home (cc)	(:25) ** Hotel Transylvania (2012) "PG" (cc)			Raven's Home (N) (cc)	Just Roll With It (cc)	Gabby Duran "Bunk'd" (cc)	Hall of Villains (cc)	Raven's Home (cc)	
40	47	205	360	FNC	Tucker Carlson Tonight (N) (cc)		Hannity (N) (cc)	The Ingraham Angle (N) (cc)			Fox News at Night With Shannon (cc)		Tucker Carlson Tonight (cc)	Hannity (cc)		
41	32			ATTSF	Tennis		The Club: Rockies College Hockey Michigan State at Colorado College. (N) (Live)						The Dan Patrick Show (cc)	College Hockey: Spartans at Tigers (cc)		
42	17	138	245	TNT	All Elite Wrestling: Dynamite Jon Moxley battles PAC in Pittsburgh; the AEW Tag Team Tournament reaches the semifinals. (cc)		** Maleficent (2014) Angelina Jolie. A terrible betrayal turns Maleficent's pure heart to stone. (cc) (DVS)		(:45) *** Cinderella (2015, Children's) Cate Blanchett, Lily James, Richard Madden. A young woman tries not to lose hope in the face of cruelty. (cc) (DVS)				South Park (cc)	South Park (cc)	South Park (cc)	South Park (cc)
44		107	249	COM	(:10) South Park (:45) South Park	(:15) South Park "Poor and Stupid" (cc)			(7:50) South Park (:25) South Park		South Park (cc)	South Park (cc)	South Park (cc)	South Park (cc)	South Park (cc)	South Park (cc)
45	25	122	244	SYFY	(:5:30) ** Red 2 (2013, Action) Bruce Willis, John Malkovich. (cc) (DVS)				Van Helsing "Liberty or Death" (N) (cc)		Futurama (cc)	(:32) Futurama	(:02) Futurama	(:32) Futurama	(:02) Futurama	(:32) Futurama
48	37	120	269	HIST	Ancient Aliens "The Returned" (cc)	(:02) Ancient Aliens (cc) (DVS)			(:05) Ancient Aliens "Islands of Fire" (cc)		(:05) Ancient Aliens (cc) (DVS)		(:03) Ancient Aliens "The Returned" (cc)	(:03) Ancient Aliens (cc) (DVS)		
49	52	183	280	TLC	Long Island Medium (N) (cc)	Long Island Medium (N) (cc)			Long Lost Family (N) (cc)		(:02) Long Lost Family (cc)		Long Island Medium "Sitcom Spirits" (cc)	Long Island Medium (cc)	Long Island Medium (cc)	
50	45	184	282	ANPL	Crikey! It's the Irwins (cc)		The Secret Life of the Zoo (N) (cc)		The Zoo "Bouba's Back" (cc)		The Zoo "Andre the Baby Goat" (cc)		The Secret Life of the Zoo (cc)	The Secret Life of the Zoo (cc)	Crikey! It's the Irwins (cc)	
51	57	110	231	FOOD	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive
52	59	196	277	TRAVEL	Portals to Hell A haunted psychiatric hospital. (N) (cc)				Ghost Nation (N) (cc)		The Holzer Files "A Grave Revenge" (cc)		Portals to Hell A haunted psychiatric hospital. (cc)			
54		106	304	TVLAND	Love- Raymond Love- Raymond	Love- Raymond	Love- Raymond	Love- Raymond	Two and Half Men Two and Half Men		King of Queens	King of Queens	King of Queens	King of Queens	Two and Half Men	Two and Half Men
55	54	132	256	TCM	* Godzilla vs. Megalon (1976) Katsuriko Sasaki. Godzilla and Jet Jaguar meet big cockroach and black chicken. (cc)		* Godzilla vs. Mechagodzilla (1974) Masaaki Daimon. A monster god helps Godzilla beat his bionic double. (cc)		** Terror of Mechagodzilla (1975) Katsuriko Sasaki. Godzilla vs. a cyborg Godzilla and another monster. (cc)				* War of the Gargantuas (1966) Russ Tamblyn. A giant monster challenges his twin for supremacy of Japan. (cc)			
56	19	185	312	HALL	Switched for Christmas (2017) Candace Cameron Bure, Eion Bailey. Estranged identical twins decide to swap lives up until Christmas Day. (cc)				Mingle All the Way (2018, Romance) Jen Lilley, Brant Daugherty, Ava Grace Cooper. A young entrepreneur tracks her dating progress. (cc)				The Mistletoe Promise (2016, Romance) Jaime King, Luke MacFarlane, Lochlyn Munro. Two strangers pretend to be a couple for the holidays. (cc)			
premium cable channels																
318	20	303	504	HBOP	(:15) Saudi Women's Driving School Saudi women embrace a new way of life. (Subtitled-English)		(:25) ** Cold Pursuit (2019, Action) Liam Neeson, Tom Bateman, Tom Jackson. A vigilante seeks justice against a drug lord and his crew. 'R' (cc)		(:25) Watchmen Attempted murder of a police officer. (cc)		The Shop: Uninterrupted (N) (cc)		Real Time With Bill Maher CNN anchor Chris Cuomo. (N Same-day Tape)			
349	22	311	516	MAXP	(:4:55) ** Maze Runner: The Death Cure (2018, Science Fiction) Dylan O'Brien, Kaya Scodelario. 'PG-13' (cc)		(:20) *** Z for Zachariah (2015, Drama) Chiwetel Ejiofor, Margot Robbie, Chris Pine. 'PG-13' (cc)		* Breaking In (2018) Gabrielle Union. A strong-willed mother of two battles four home intruders. 'PG-13' (cc)		Desus & Mero (cc)		Couples Therapy "108" (cc)	*** Full Metal Jacket (1987, War) Matthew Modine. 'R' (cc)		
379	18	318	545	SHOW	*** Full Metal Jacket (1987, War) Matthew Modine, Adam Baldwin. Horrifying portrait of the Vietnam War. 'R' (cc)				** Hell Fest (2018) Amy Forsyth. Premiere. A costumed serial killer strikes at a Halloween theme park. 'R' (cc)		(:15) ** Miami Vice (2006, Crime Drama) Colin Farrell, Jamie Foxx, Gong Li. Detectives Crockett and Tubbs take on drug lords in South Florida. 'R' (cc)		(:02) ** My Bloody Valentine (2009) Jensen Ackles. A pickaxe-wielding killer terrorizes a mining town. 'R' (cc)		(:45) *** The Birds (1963) (cc)	
421	21	351	528	STZP	(:5:23) ** Venom (2018) Tom Hardy. A man gains superpowers when his body merges with an alien. 'PG-13' (cc)		(:18) ** The Front Runner (2018) Hugh Jackman. Scandal rocks presidential hopeful Gary Hart in 1987. 'R' (cc)									
445	15	341	535	STZENC	(:5:20) ** Freddy vs. Jason (2003, Horror) Robert Englund. 'R' (cc)	** Bride of Chucky (1998, Horror) Jennifer Tilly. An evil doll and its mate seek human form. 'R' (cc)		(:31) ** Seed of Chucky (2004, Horror) Jennifer Tilly. The doll and his bride try to raise a killer child. 'R' (cc)					(:02) ** My Bloody Valentine (2009) Jensen Ackles. A pickaxe-wielding killer terrorizes a mining town. 'R' (cc)		(:45) *** The Birds (1963) (cc)	